Topics include:
A New Frontier of Research Leads to New Diabetes Treatments
Fentanyl & Methadone
Chris’ Journey with Opioids
Pharmacy Technician Careers
And more...
FRIDAY MAY 5, 2017

7:00 pm  Welcome Reception with Exhibitors & CAPT Board Introductions

SATURDAY MAY 6, 2017

7:30 am  Continental Breakfast with Exhibitors

8:15 am  Welcome Remarks

8:30 am  SESSION A  ●  AN OVERVIEW OF MEDICAL ASSISTANCE IN DYING (MAID)

Allan Mills, Pharm. D., FCSHP, Director of Pharmacy Services, Trillium Health Partners, Assistant Professor, Leslie Dan Faculty of Pharmacy, University of Toronto, Affiliate Scientist, Institute for Better Health

This presentation will provide an overview of the circumstances that led to Medical Assistance in Dying (MAID) becoming legalized in Canada. Ethical considerations will be reviewed from both the patient and provider perspective which will help create a context for how MAID can be provided in Canada.

Pharmacy, as an integral part of the provision of this care, has an important role to play and this presentation will review how Trillium Health Partners (THP) interpreted the pharmacy role. This includes which medications were included in the process and why they were selected as well as a review of the processes developed to make sure that the medications were utilized appropriately.

Lastly, the most currently available Ontario data regarding MAID will be reviewed.

9:30 am  CAPT Annual General Meeting

10:00 am  Refreshment Break with Exhibitors

10:30 am  SESSION B  ●  HOT TOPIC FENTANYL RETURN & METHADONE PROGRAM

Nadeem Ahmed & Dr. Brown

Information to come
**SUNDAY MAY 7, 2017**

12:00 pm Buffet Lunch with Exhibitors

1:30 pm **SESSION C ● A NEW FRONTIER OF RESEARCH LEADS TO NEW DIABETES TREATMENTS**

Moe Abdallah, B.Sc., B.Sc.Phm., R.Ph, Ontario Public Drug Programs within the Ontario Ministry of Health and Long-Term Care

Diabetes is a chronic disease that occurs when the body is unable to sufficiently produce insulin, removing one important element in the body's regulatory ability to metabolize carbohydrates. When left uncontrolled, diabetes results in consistently high blood sugar levels that can lead to serious health complications, like blindness, heart attack, stroke, limb amputation and kidney failure. It is estimated that 1 in 10 Canadians (~3.4 million) have diabetes and it was estimated that by 2016 the total direct health care costs for diabetes would reach over $8 billion annually. Though diabetes is a chronic disease without a cure, there are numerous new treatments and new technologies that can help patients control their blood sugar and prevent the serious health problems associated with the disease.

2:30 pm **SESSION D ● ENGAGING PATIENTS WITH MENTAL ILLNESS—THE ROLE OF THE PHARMACY TEAM**

Dr. Jamie Kellar, BScHK, BScPhm, PharmD, PhD©, Assistant Professor, Leslie Dan Faculty of Pharmacy, University of Toronto, Wilson Centre Fellow, Wilson Centre for Research in Education, University of Toronto.

One in five Canadians will experience a mental illness at some point in their lives and the majority of these individuals will receive pharmacotherapy to manage symptoms. As such their is a significant role for pharmacists and pharmacy technicians to engage these patients in their treatment. This session will discuss key opportunities for pharmacy team members to build rapport and develop relationships with patients living with mental illness. The session will review motivational interviewing techniques and tips on how to promote medication adherence in this population.

3:30 pm Refreshment Break

3:45 pm **SESSION E KEYNOTE SPEAKER ● CHRIS’ JOURNEY WITH OPIOIDS**

Chris Cull is a filmmaker and the founder of Inspire by Example

Chris will go through his story from how he began using prescription drugs to his experience with Harm Reduction to what he has learned over the last decade of his experience with opioids. Chris will follow up with an intimate Question and Answer period where the audience is encouraged to ask any questions they want and where no question is off side.

4:30 pm Closing Remarks for the Day

5:00 pm Firkin Pub Reception

Please join us for a complimentary drink and appetizers at Firkin Pub right across the street from the hotel at 81 Bloor Street East.
8:15 am   OPA Hot Breakfast *Sponsored by the Ontario Pharmacists Association*

9:00 am  **Session F ● PHARMACY TECHNICIAN PANEL: ALTERNATIVE CAREER PATHS**

  - **Cathy Comeau**, Reimbursement Program Manager, innoviCares
  - **Susan Balagus**, Winnipeg Regional Health Authority, Pharmacy Program – Practice Development

10:00 am  **SESSION G ● THE SPECIALIZED ROLE OF THE PHARMACY TECHNICIAN AT SICKKIDS**

  - **Alison Agar**, RPhT,  **Luciana Greenwood**, RPhT and  **Puranjit Hayer**, RPhT, SickKids

The Hospital for Sick Children is a major pediatric hospital located in Toronto, Ontario. Within the hospital, the inpatient pharmacy provides pharmaceutical care to patients, provides a safe and efficient drug distribution system, and contributes to research in the hospital. The care from the Pharmacy Department is provided by a team that includes Pharmacists, Registered Pharmacy Technicians and Pharmacy Technician Candidates. The role of the Registered Pharmacy Technician at SickKids is full of variety and is responsible and professionally accountable for accurately and efficiently carrying out the technical tasks of pharmaceutical dispensing and compounding as well as checking and approving the final release of product prior to administration to the patient. Learn in detail about the different roles and opportunities for pharmacy technicians working at SickKids.

10:45 am  **Refreshment Break**

11:00 am  **SESSION H ● COMPOUNDING: PATIENT SPECIFIC MEDICATION**

  - **Cheryl Hedrick**, Territory Manager for the Greater Toronto Area, PCCA

This presentation will discuss the benefits of compounding, compounding dosage forms and equipment, and safety and quality in a compounding pharmacy.

12:00 pm  **SESSION I ● UNDERSTAND, EMPOWER, TREAT: REVOLUTIONIZING OBESITY CARE**

  - **Dr. Sean Wharton**, MD, ABOM, Medical Director of the Wharton Medical Clinic in Burlington, Ontario

As knowledge and research in the area of obesity have advanced, so have the approaches to the management of patients living with obesity. Revolutionizing obesity care not only means incorporating a fundamental understanding of the complex pathophysiology of obesity, but also assessing and building patients’ motivation for change and tailoring a management plan to the patients’ needs.

Over the course of this session, participants will explore the key concepts of obesity, and review practical approaches to its assessment and management in clinical practice.

Lunch will be served during the session.

**Sponsored by**

1:00 pm  **Closing Remarks**
BD is a global medical technology company that is advancing the world of health by improving medical discovery, diagnostics and the delivery of care. BD leads in patient and health care worker safety and the technologies that enable medical research and clinical laboratories. The company provides innovative solutions that help advance medical research and genomics, enhance the diagnosis of infectious disease and cancer, improve medication management, promote infection prevention, equip surgical and interventional procedures, and support the management of diabetes. The company partners with organizations around the world to address some of the most challenging global health issues. BD has more than 40,000 associates across 50 countries who work in close collaboration with customers and partners to help enhance outcomes, lower health care delivery costs, increase efficiencies, improve health care safety and expand access to health. For more information on BD, please visit www.bd.com.

B.Braun of Canada is committed to eliminating preventable treatment errors and enhancing patient, clinician and environmental safety. We offer a range of outstanding products with your most critical patients and your most critical needs in mind.

1. From its large user display and 26-lead preassembled sets to its dual-drive filling technology and automated delivery as low as 0.2 mL, the APEX™ Compounding System offers Speed and accuracy, ease of use and efficiency, macro and micro. NEW!
2. The OnGuard System is a closed delivery system with simple-to-use components for safe drug handling from pharmacy to floor. It is proven to meet the NIOSH definition of a closed system drug transfer device.
3. We offer a variety of convenient and reliable admixture devices, such as syringe caps and connectors, that help make reconstituting, admixing and IV drug delivery secure and cost-effective.

Please contact us for product information at info@bbraun.ca

Galenova is a supplier of raw chemicals, equipment and supplies to compounding pharmacies throughout Canada. Many of our products are listed with wholesalers including in, Kohl & Frisch, Nu-Quest and McKesson.

Since its formation in 1994, Galenova has always been owned and operated by pharmacists that fully understand how critical quality chemicals are important to compounding pharmacies. For this reason, we have been an ISO 9001 certified company since 2001 and have a Drug Establishment License from Health Canada for our Active Pharmaceutical Ingredients importation and packaging activities, as governed by the Good Manufacturing Practices (GMPs).

With a team of experienced representatives, pharmacy technicians, along with other professionals, Galenova is your supplier of choice for all your compounding needs.

Accu-Chek® More than 40 years’ experience – for an optimal diabetes management. Accu-Chek is the committed expert who compassionately enables and empowers success in diabetes with impactful solutions- leading to an improved medical outcome.

Our intent is to enable diabetes management for people with diabetes to improve all aspects of diabetes self-management. For health care professionals, to better support people with diabetes to significantly improve quality of treatment and for payers to provide appropriate care.

THE Voice of Canadian Pharmacy Technicians for Over 30 Years
PCCA is an independent compounding pharmacy's complete resource for fine chemicals, devices, training and support. PCCA was incorporated in 1981 by a network of pharmacists who recognized the need for customized medications.

PCCA provides:
- CE accredited training and education for pharmacy staff and prescribers
- A comprehensive staff of experienced consultant pharmacists, pharmaceutical chemists, and training personnel ready to serve their technical needs
- A database of more than 8,000 proprietary formulas that have been pre-tested with PCCA’s fine chemicals and are continuously reviewed and updated
- Unparalleled quality control and quality assurance for all products

PCCA exists to help our members successfully practice the art and science of pharmacy compounding through a variety of products and services designed especially for their practices.

The Ideal Protein Weight Loss Protocol is medically designed and developed and is consistent with evidence-based guidelines, to help obese and overweight patients or clients achieve safe, long-term weight loss and maintain it. The Protocol helps to reverse the imbalance in insulin that occurs with the typical Western diet and that contributes to weight gain and metabolic syndrome. Physicians report that after successful completion of the Ideal Protein Weight Loss Protocol, patients experience significant improvement in metabolic parameters. Individualized, professional health coaching helps patients or clients learn proper nutrition and new eating habits.

Who is STI Technologies Limited?

STI Technologies Limited is a Canadian healthcare technology company that provides Canadian patients with greater choice and broader access to the best medications and healthcare products.

Through partnerships with Canada’s top pharmaceutical manufacturers, healthcare providers and hospitals, STI supports the healthcare system by delivering intelligent financial reimbursement, patient management and patient engagement solutions that improve health outcomes.

Its user-friendly solutions for patients, healthcare professionals and pharmaceutical brand managers are available online through easy-to-use portals. Millions of patients have benefited from STI programs.
Apotex Inc. was founded in 1974, and is the largest Canadian-owned pharmaceutical company. From its 2 employees, 5,000 square foot beginning, the company has grown to employ over 10,000 people in research, development, manufacturing and distribution facilities world-wide. The Canadian operations of the Apotex Group of Companies have over 6,000 employees. Extensive investments in Canadian facilities include over 3 million square feet in manufacturing and R&D facilities in Richmond Hill, Toronto, Etobicoke, Brantford, Windsor and Winnipeg. Apotex produces more than 300 generic pharmaceuticals in approximately 4,000 dosages and formats which, in Canada, are used to fill over 89 million prescriptions a year - the largest amount of any pharmaceutical company in this country.

Today, Apotex is a necessary and trusted member of Canada’s healthcare community. The company’s pharmaceuticals can be found in virtually every pharmacy and healthcare facility in Canada and are exported to over 115 countries around the globe. Although the company’s own business is developing and manufacturing generic pharmaceuticals, the success of Apotex has enabled it to diversify into a number of other health-related areas. The Apotex Pharmaceutical Group of Companies also researches, develops, manufactures and distributes fine chemicals, non-prescription and private label medicines, and disposable plastics for medical use.

Medical Pharmacies has specialized in providing pharmacy services to long term care homes, retirement homes and extended care facilities. Our company is a respected innovator of medication management systems that enhance medication accuracy, safety and cost efficiency. Our vision is to continue to invest in research and innovation to improve the lives of the seniors in the homes MPGL services. Medical Pharmacies has been recognized annually since 2000 as one of Canada’s Best Managed Companies, and is a Platinum Member.

SierraSil Joint Formula™ is a naturally occurring hydrothermal clay complex from the Sierra Mountains that has been clinically proven to help support a healthy inflammatory response, gently detoxify, and improve physical function. Extensive research in clinical trials for both safety and efficacy, SierraSil is the natural choice for calming inflammation and easing joint and muscle pain. With results within 14 days or less, guaranteed, SierraSil Joint Formula™ has become a consumer favourite within Canada.

Jones Healthcare offers an expansive range of medication dispensing products and medication cart solutions, including automation-compatible vials and compliance packaging, bottles, jars, prescription labels and bags, which drive patient safety and improve staff efficiency. Our goal is to supply pharmacies, long-term care providers and hospitals with high quality, innovative and user-friendly products that allow them to deliver the best patient care possible.
# Conference Program

## Friday May 5th

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:00 pm</td>
<td>Provincial Representatives Meeting</td>
</tr>
<tr>
<td>7:00 pm</td>
<td>Welcome Reception with Exhibitors</td>
</tr>
</tbody>
</table>

## Saturday May 6th

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 am</td>
<td>Continental Breakfast with Exhibitors</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Welcome Remarks</td>
</tr>
<tr>
<td>8:30 am</td>
<td>SESSION A: An Overview of Medical Assistance in Dying (MAID)</td>
</tr>
<tr>
<td>9:30 am</td>
<td>CAPT Annual General Meeting</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Refreshment Break with Exhibitors</td>
</tr>
<tr>
<td>10:30 am</td>
<td>SESSION B: Hot Topic Fentanyl Return &amp; Methadone Program</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>Exhibitor Buffet Lunch</td>
</tr>
<tr>
<td>1:30 pm</td>
<td>SESSION C: A New Frontier of Research Leads to New Diabetes Treatments</td>
</tr>
<tr>
<td>2:30 pm</td>
<td>SESSION D: Engaging Patients with Mental Illness - The Role of the Pharmacy Team</td>
</tr>
<tr>
<td>3:30 pm</td>
<td>Refreshment Break</td>
</tr>
<tr>
<td>3:45 pm</td>
<td>SESSION E: KEYNOTE SPEAKER: Chris’ Journey with Opioids</td>
</tr>
<tr>
<td>4:30 pm</td>
<td>Closing Remarks for the Day</td>
</tr>
<tr>
<td>5:00 pm</td>
<td>Firkin Pub Reception</td>
</tr>
</tbody>
</table>

## Sunday May 7th

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:15 am</td>
<td>OPA Hot Breakfast Sponsored by the Ontario Pharmacists Association</td>
</tr>
<tr>
<td>9:00 am</td>
<td>SESSION F: Pharmacy Technician Panel: Alternative Career Paths</td>
</tr>
<tr>
<td>10:00 am</td>
<td>SESSION G: The Specialized Role of the Pharmacy Technician at SickKids</td>
</tr>
<tr>
<td>10:45 am</td>
<td>Refreshment Break</td>
</tr>
<tr>
<td>11:00 am</td>
<td>SESSION H: Compounding: Patient Specific Medication</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>Working Lunch</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>SESSION I: Understand, Empower, Treat: Revolutionizing Obesity Care</td>
</tr>
<tr>
<td>1:00 pm</td>
<td>Closing Remarks</td>
</tr>
</tbody>
</table>

*THE Voice of Canadian Pharmacy Technicians for Over 30 Years*